

ISSHINRYU KARATE



2018 MONTHLY SPRING CLASSES

Isshinryu Karate is a traditional Okinawan martial art and translates to One (IS) Heart (SHIN) Way (RYU). The system was created in 1954 by Tatsuo Shimabuku by blending elements of Gojuryu and Shorinryu (two other Okinawan systems) into a new style. Students will have the opportunity to pursue two separate tracks: recreational or traditional. Traditional students will work to gain rank and are required to purchase a karate gi. Classes are held monthly and the next session will run from January 4th-25th.

Ages: 8-16

When: Thursdays at 5:30pm

Cost: \$40/month

****Pre-registration is required.** We must have a minimum number of kids signed up in order to hold the class.

You can register in person at BLRC or online. <https://rectrac.charleston-sc.gov>

Questions? Contact Morgan Conley. conleym@charleston-sc.gov

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Phone: (843) 402-4571

Web: <http://www.charleston-sc.gov/recreation>